



COPA APERTURA POWERLIFTING, BENCH PRESS, PUSH PULL Y DEADLIFT

CHASCOMUS, 09-ABRIL-2016

POWERLIFTING

Fecha Competencia: 09/04/2016

| N° | NOMBRE Y APELLIDO | IPO/GPA | SEX | F. Nac | PESO | Edad | DIV 1 | DIV 2 | CAT | Provincia | SQUAT | | | | BENCHPRESS | | | | DEADLIFT | | | | TOTAL | Coefic. Reshel | Puntos Reshel | Ranking DAMAS | Ranking HOMBRES | |
|----|----------------------------|---------|-----|------------|--------|------|----------|-------|------|--------------|--------|--------|--------|----|------------|-------|--------|----|----------|--------|-------|--------|-------|----------------|---------------|---------------|-----------------|----|
| | | | | | | | | | | | 1. | 2. | 3. | 4. | 1. | 2. | 3. | 4. | SUB. | 1. | 2. | 3. | | | | | | 4. |
| 1 | Natalia Uranga | GPA | F | 20/08/1987 | 51,80 | 28 | Open | - | 52 | Buenos Aires | 85,0 | 90,0 | -95,0 | | 37,5 | -40,0 | -40,0 | | 127,5 | 100,0 | 110,0 | 117,5 | | 245,0 | 2,092 | 512,54 | 1° | |
| 2 | Flavia Negreli | GPA | F | 24/11/1977 | 80,80 | 38 | SubM | | 82,5 | Buenos Aires | 105,0 | 120,0 | -130,0 | | 50,0 | -57,5 | -57,5 | | 170,0 | 120,0 | 135,0 | 142,5 | | 312,5 | 1,494 | 466,88 | 2° | |
| 3 | Rodrigo Giles | GPA | M | 07/01/1977 | 57,50 | 39 | SubM | | 60 | Buenos Aires | 115,0 | 120,0 | -130,0 | | 85,0 | 90,0 | -95,0 | | 210,0 | 150,0 | 165,0 | 175,0 | | 385,0 | 1,506 | 579,81 | | 4° |
| 4 | Javier Yanibelli | GPA | M | 10/11/1985 | 74,80 | 30 | Open | | 75 | Buenos Aires | -150,0 | -150,0 | 150,0 | | 95,0 | 102,5 | 105,0 | | 255,0 | 175,0 | 190,0 | 200,0 | | 455,0 | 1,120 | 509,60 | | 6° |
| 5 | Emiliano Barrionuevo | GPA | M | 24/12/1991 | 88,90 | 24 | Open | - | 90 | Buenos Aires | 200,0 | 220,0 | 230,0 | | 150,0 | 160,0 | 170,0 | | 400,0 | 240,0 | 260,0 | -270,0 | | 660,0 | 0,981 | 647,46 | | 1° |
| 6 | Jose Maria Acevedo | GPA | M | 18/01/1984 | 84,50 | 32 | Open | - | 90 | Buenos Aires | 200,0 | -220,0 | -220,0 | | 130,0 | 140,0 | -150,0 | | 340,0 | -240,0 | 260,0 | -280,0 | | 600,0 | 1,011 | 606,60 | | 2° |
| 7 | Gabriel Alvarez Destefanis | GPA | M | 01/01/1900 | 93,60 | 116 | M+80 | Open | 100 | Buenos Aires | 200,0 | | | NO | 140,0 | 150,0 | -160,0 | | 350,0 | 230,0 | 250,0 | 280,0 | | 630,0 | 0,948 | 597,24 | | 3° |
| 8 | Enrique Barrionuevo | GPA | M | 01/11/1968 | 110,00 | 47 | M45-49 | Open | 110 | Buenos Aires | 200,0 | 220,0 | 240,0 | | 140,0 | 160,0 | -165,0 | | 400,0 | 180,0 | 200,0 | 220,0 | | 620,0 | 0,883 | 547,46 | | 5° |
| 9 | Nestor Gonzalez | GPA | M | 06/03/1970 | 110,70 | 46 | M45-49 | Open | 125 | Buenos Aires | 145,0 | | | NO | 145,0 | | | NO | 290,0 | 145,0 | | | NO | 435,0 | 0,885 | 384,98 | | 8° |
| 10 | Lendro Correa | GPA | M | 12/05/1998 | 115,00 | 17 | Tn 16-17 | Open | 125 | Buenos Aires | 170,0 | 185,0 | -200,0 | | 90,0 | 100,0 | 110,0 | | 295,0 | 180,0 | 200,0 | 220,0 | | 515,0 | 0,873 | 449,60 | | 7° |



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|----|--------------------|---------|-----|------------|--------|------|----------|-------|------|--------------|------------|--------|--------|----|-------|-------------------|------------------|------------------|--------------------|
| | | | | | | | | | | | 1. | 2. | 3. | 4. | | | | | |
| 1 | Martin Viale | Selecc | M | 12/01/2000 | 64,50 | 16 | Tn 16-17 | Open | 67,5 | Buenos Aires | 80,0 | 90,0 | 100,0 | | 100,0 | 1,306 | 130,60 | | 6° |
| 2 | Dominicheli Damian | Selecc | M | 13/02/1987 | 71,80 | 29 | Open | - | 75 | Buenos Aires | 75,0 | 80,0 | -85,0 | | 80,0 | 1,166 | 93,28 | | 9° |
| 3 | Alejandro Oyhanart | Selecc | M | 23/05/1986 | 72,90 | 29 | Open | - | 75 | Buenos Aires | 120,0 | -125,0 | 125,0 | | 125,0 | 1,151 | 143,88 | | 3° |
| 4 | Gaston Montagna | Selecc | M | 10/02/1973 | 81,90 | 43 | M40-44 | Open | 82,5 | Buenos Aires | 100,0 | | | NO | 100,0 | 1,036 | 103,60 | | 8° |
| 5 | Cristian Cuello | Selecc | M | 27/03/1979 | 81,20 | 37 | SubM | Open | 82,5 | Buenos Aires | -155,0 | -155,0 | -155,0 | | DESC | 1,044 | DESC | | DESC |
| 6 | Mario Garcia | IPO | M | 20/10/1992 | 87,50 | 23 | Jun | Open | 90 | Buenos Aires | 150,0 | 165,0 | 175,0 | | 175,0 | 0,988 | 172,90 | | 1° |
| 7 | Gustavo Almada | Selecc | M | 17/12/1991 | 86,60 | 24 | Open | - | 90 | Buenos Aires | 150,0 | 155,0 | 160,0 | | 160,0 | 0,994 | 159,04 | | 2° |
| 8 | Lisandro Pascuale | Selecc | M | 07/01/1968 | 97,20 | 48 | M45-49 | Open | 100 | Buenos Aires | 130,0 | 140,0 | 150,0 | | 150,0 | 0,927 | 139,05 | | 4° |
| 9 | Gabriel Lopez | Selecc | M | 06/03/1977 | 120,80 | 39 | SubM | Open | 125 | Buenos Aires | 140,0 | -150,0 | | NO | 140,0 | 0,863 | 120,82 | | 7° |
| 10 | Mauro Villegas | Selecc | M | 18/09/1989 | 121,00 | 26 | Open | - | 125 | Buenos Aires | 130,0 | 145,0 | 152,5 | | 152,5 | 0,862 | 131,46 | | 5° |



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PUSHPULL

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|----|-------------------|---------|-----|------------|-------|------|--------|-------|-----|--------------|------------|-------|--------|----|----------|-------|--------|----|-------|---------|--------|---------|---------|
| | | | | | | | | | | | 1. | 2. | 3. | 4. | 1. | 2. | 3. | 4. | | Reshel | Reshel | DAMAS | HOMBRES |
| 1 | Martin Cousau | Selecc | M | 04/03/1987 | 96,00 | 29 | Open | - | 100 | Buenos Aires | 105,0 | 115,0 | 125,0 | . | 220,0 | 247,5 | -260,0 | NO | 372,5 | 0,932 | 347,17 | | 1° |
| 2 | Sergio Cousau | Selecc | M | 16/03/1964 | 89,60 | 52 | M50-54 | Open | 90 | Buenos Aires | 90,0 | 95,0 | -100,0 | NO | 180,0 | 200,0 | 205,0 | . | 300,0 | 0,972 | 291,60 | | 2° |